

Winter Menu

Toddlers

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning snack	Biscuit R/Bos tea	Yoghurt R/Bos tea	Toast R/Bos tea	Yoghurt R/Bos tea	Biscuit R/Bos tea
Lunch	Chicken Casserole Rice	Beef/Chicken/ Vegetarian Lasagne	Fish Fingers Potato Mash Stir fry Veg	Spaghetti Bolognaise Peas	Hotdogs Flings
Afternoon snack	Fruit	Fruit	Fruit	Fruit	Fruit
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning snack	Biscuit R/Bos tea	Yoghurt R/Bos tea	Toast R/Bos tea	Yoghurt R/Bos tea	Crunchies R/Bos tea
Lunch	Chicken/Beef Pap Gravy	Macaroni & Cheese Cucumbers	Beef / Chicken Stew Rice	Pie Gravy	Nuggets Oven Chips
Afternoon snack	Fruit	Fruit	Fruit	Fruit	Fruit

Rooibos tea or Juice can be optional, depending on the weather.

Menu is subject to change termly.