



Summer Menu

TODDLERS

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning snack	Wedge of Fruit Fruit Water	Yoghurt	Health Muffin Iced Tea or water	Wedge of Fruit Water	Yoghurt
Lunch	Spaghetti Bolognaise	Chicken Curry Rice	Fish Fingers Chips Coleslaw	Cottage Pie Green Salad	Hot Dog Flings
Wakeup snack	Biscuit Iced Tea or water	Wedge of Fruit Fruit Water	Sweet Corn Wedge	Biscuit Iced Tea or water	Jelly
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning snack	Wedge of Fruit Fruit Water	Health Muffin Iced Tea or water	Fruit Salad Yoghurt	Wedge of Fruit Water	Banana Bread Iced Tea or water
Lunch	Mince & Savoury Rice Cucumbers	Fried Chicken Pap and Cabbage	Beef Stew Mash	Macaroni & Cheese Cucumbers	Nuggets Chips
Wakeup snack	Biscuit	Wedge of Fruit Water	Ice Cream Lollie	Flings	Wedge of Fruit Fruit Water

Rooibos tea is sometimes served on cold rainy days.

Menu is subject to change termly.