

NEWSLETTER

No. 2 February 2026

Dear Parents

This newsletter is filled with wonderful activities happening in each age group. Whilst these activities may seem trivial to us as adults, these are vital skills that need to be developed for our growing little ones to be able to adapt and continue to grow through the older learning stages – even into adulthood and that does not stop as we develop through the further aging stages.

I find it incredibly sad when people regard preschools as little more than baby-sitting. The fastest learning stages in our life are typically during the early years, particularly from birth to five years old. During this period, children experience rapid brain development, with a significant increase in synapses, which allows for faster learning and memory retention. This peak in learning occurs because the brain is still developing its prefrontal cortex, which is responsible for higher cognitive functions like reasoning and problem-solving. Additionally, children are naturally curious and have a desire to learn, which drives their active engagement in learning activities.

When you engage with your teacher at the meetings in early April, please celebrate the milestones as tremendous achievements and learn where you can help assist at home with closing any age-appropriate skills. We are capable of what we are because we succeeded with these skills before we started school.

Kind regards

Mark Heidmann
Headmaster





Dear Bouncing Bears Parents,

Our little stars have officially found their groove and are thriving in their new daily habits. Each day we see more **confidence, independence** and **happy smiles** in the classroom. Tears have turned into laughter, friendships are forming and our busy little hands are always exploring. This month we focused on **healthy living and hygiene**. The children have been learning to wash their hands properly, brush their teeth, keep their bodies clean and make healthy food choices. Through songs, stories and practical activities, they are beginning to understand how important it is to care for their bodies. It has been wonderful to watch them confidently practice handwashing and talk about healthy foods during snack time. We also explored our **five senses: sight, smell, taste, touch and hearing**. The children had so much fun identifying different sounds, feeling various textures, smelling different scents, tasting sweet treats and observing colourful objects around the classroom. Along with this, we learned about emotions and how we feel. We talked about being **happy, sad, angry, excited and scared** and practiced using our words and facial expressions to show our feelings. It has been special to see them begin to recognize and express their emotions in healthy ways. To end the theme on a sweet note, we celebrated Valentine's Day together! The classroom was filled with love, laughter and big smiles. The Bears enjoyed a special treat of ice cream with sprinkles as we celebrated friendship, kindness and caring for one another. It truly was a heartwarming day for our little bears.

Here is a **Peekaboo!**





Wow — time really does fly when you're having fun!

This month our Happy Hippos dove into the **"All About Me"** theme, celebrating what makes each child special and unique. They loved sharing about themselves, discovering similarities and differences and creating self-portraits and handprint art. Our Think Equal story **"Is There Anyone Like Me?"** helped us explore confidence, self-awareness and respect for others. We then explored emotions and the five senses through playful, hands-on activities. The children made expressive play-dough faces, Valentine's ladybug crafts and colourful pasta beads while building fine motor skills. Show and Tell boosted confidence and communication as everyone proudly shared their special items. Sensory fun included tasting sweet treats and Baker Lady's cookies, exploring different scents, experimenting with musical instruments and enjoying water and music play. It has been wonderful to see the children grow in confidence, kindness and empathy — and they especially loved their Valentine's ice-cream treat! Along the way, Happy Hippos strengthened their understanding of **shapes, patterns and fine motor skills** through creative crafts and play-dough activities. In Little Leapers, the children practiced colour sorting, counting, and number recognition using feathers, sticks, crepe paper, play-dough and beads. Highlights included a **dinosaur treasure hunt** in rice and sand and washing counting bugs with spray bottles — building coordination, problem-solving and early math skills through joyful play. We are so proud of all the progress our Happy Hippos have made and look forward to many more enriching and exciting adventures that nurture the growth of the whole child.





Dear Squeaky Squirrel Parents,

It is a joy to see how confidently the children have embraced our routines, making every morning a seamless success. It has been wonderful to see the children becoming more comfortable and confident each day. Throughout February, we celebrated the themes of love, friendship and kindness. We marked these occasions by making friendship bracelets, engaging in sensory play and focusing on being caring toward one another. We also celebrated **World Read Aloud Day** by sharing stories under the trees. It was a beautiful, nature-filled experience and the children thoroughly enjoyed the calm outdoor setting. Our **Little Leapers** program has officially begun! Each week, the children learn a new skill through activities designed by our occupational therapist. The class gets so excited whenever Teacher Kelsey visits! In addition, we have been practicing our letter formation poems and building numeracy skills through playful, hands-on learning. It has truly been a month full of growth and fun and we look forward to everything the coming weeks have in store!





Fantastic February in Grade R!

What a busy, love-filled month it has been in our Grade R class! Our classroom is humming with a sense of belonging as the children embrace their new routines with ease. It has been special to watch their confidence and independence grow each week. This month our bright bunch explored the themes **“My School,” “Friendship,” “My Body”** and **“Plants.”** They loved learning about the different spaces around our school and the important people who help us each day. During our friendship theme, we focused on kindness, sharing and what it means to be a good friend — and it has been heart-melting to see these lessons lived out in the classroom. We also continued learning about our amazing bodies and how to take care of them and had so much fun discovering how plants grow and what they need to stay healthy. Our **Show-and-Tell Fridays** remain a highlight of the week! These little superstars are becoming more confident speakers and love sharing their special treasures with their friends. We have also continued with **Baker’s man**, creating meaningful bonding time at home through fun, hands-on activities. A very exciting addition to our programme this month has been **Little Leapers** with Teacher Kelsey. This has been wonderful for developing fine motor skills and our busy bees have thoroughly enjoyed every activity. We also celebrated **Valentine’s Day**, spreading a little extra love and kindness around the school. The children enjoyed learning that Valentine’s Day is not just about chocolates but about caring for our friends and showing appreciation for one another. February has truly been filled with learning, laughter and lots of love. I am so proud of my little legends and the beautiful progress they are making each day.

